



FTA

FEDERAL TRANSIT ADMINISTRATION



Rides to Wellness

Ladders of Opportunity to Increase Access to Care through Public Transit Partnerships

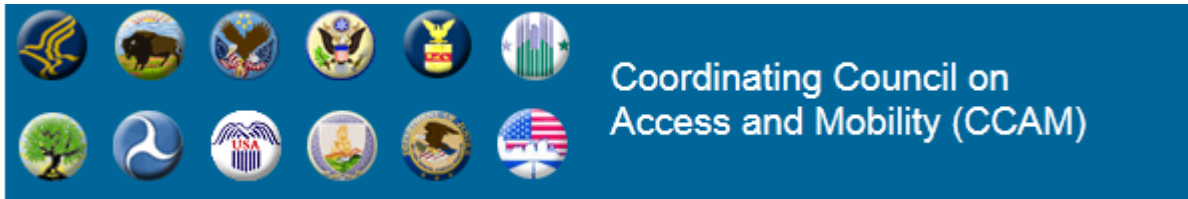


U.S. Department of Transportation
Federal Transit Administration

Rick Krochalis
Regional Administrator
FTA Region 10

Federal Programs Working Together

UnitedWeRide.gov



11 federal agencies,
coordinating 80+
funding streams
supporting
transportation

Joint programs
link agency
networks,
increase
efficiency, build
partnerships,
ensure access

Local partners
work together to
advance CCAM
goals, serve the
public better

Rides to Wellness Vision & Impact Goals

**Through
rides
people and
community
health
thrive**

- Improve healthcare access including access for disadvantaged individuals
- Reduce healthcare costs
- Leverage Public Transportation assets

Rides to Wellness Presentation Outline



- Why should we focus on the intersection between health and transportation?
- What are the compelling needs?
- How will we accomplish the Rides to Wellness Initiative?
- Results so far and next steps

Why Have a Health and Transportation Initiative?



Address health disparities

Support better health access that leads to:

- lower costs for chronic conditions
- improved quality of life for those with chronic conditions like diabetes, heart disease, etc.

Public Transit has resources to be a good partner to Healthcare providers & insurers

Compelling Need – Address Healthcare and Reduce Chronic Conditions

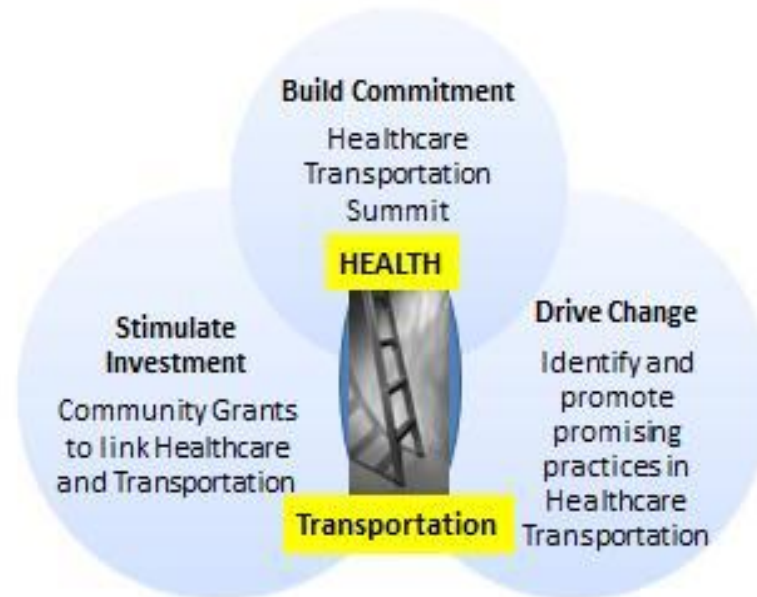
- Almost 80% healthcare costs - \$ 2.1T - are associated with chronic conditions
- Access to screenings for chronic conditions can make a difference and the Affordable Care Act mandates 15 different ones
- AARP recent report noted one study showing that 3.6M Americans miss at least one medical trip for lack of transportation
- Missed appointments are a major issue for healthcare professionals

Compelling Need – Reduce Hospital Readmissions and Missed Appointments

- 18% of patients discharged from hospital are readmitted within 30 days, one third within 90 days
- Hospitals pay significant fines for certain types of readmissions
- Medicare spends \$15B annually for hospital readmissions and have programs to reduce this cost
- Patients/customers need to access post-operative and rehabilitative services
- Getting well at home requires being able to get back to the Dr.
- Public Transit can help reduce these costs by ensuring a ride is available to all who need one

How will we accomplish this initiative?

Three-pronged Strategy for FTA's ACCESS TO HEALTH CARE TRANSPORTATION LADDERS OF OPPORTUNITY INITIATIVE



Results: Building Commitment

Rides to Wellness Executive Summit March 11, 2015

- NCMM and FTA collaborated to bring together 100 professionals across the health and transportation industries
- Acting Administrator McMillan hosted the event and had two other Federal officials join her



Transit CEO Forum October 3, 2015

- Hosted by Acting Administrator McMillan At APTA Annual Meeting
- Presented Rides to Wellness
- Several major health insurers gave their thoughts
- Transit CEO's provided feedback

Transit CEO Forum Highlights

Participants included:

- 2 health insurers, United Healthcare and Kaiser
- 1 Federal Partner, the Administration for Community Living & National Center for Mobility Management (NCMM) Partners
- About 23 Transit CEO's from CA, KY, PA, Dc, OR, ID, WA, MI, CT, TX and GA
- Officials from FTA, event hosted by Acting Administrator McMillan

Discussion Summary:

- Health providers understand the importance of access to transportation and want to partner with transportation providers at the local level
- Transit leaders said they found it easier to partner than they expected
- Many innovative partnerships are in process through the NCMM Rides to Wellness Design-think Grants
- Partnership development is meant to increase resources not shift cost from health to transportation

Results: Stimulate Investment Rides to Wellness Healthcare Access Challenge Grants

16 Communities - \$ 400K in planning grants

16 Communities will then compete for Phase II funding to implement best solutions

4 Focus Areas

- Preventive Care
- Re-admission prevention
- Behavioral health access
- Dialysis

Proposed solutions include

- Travel navigation for pre-natal care
- NEMT system integration,
- Utilizing TNC software backbone in human service system

Results & Ongoing Activities to Drive Change

- Promising practices will be developed and distributed once grants conclude
- Research initiative and workshop will launch early next year to understand community health/medical/wellness providers' perspectives and view regarding return on investment
- Development of cost allocation model
- Update on inventory of human services transportation program guidance
- Hold a United We Ride Coordinated Council on Access and Mobility Meeting in June

Three Parallel Track Outcome Measures



Build new relationships and resources that facilitate collaboration between health and transportation stakeholders to drive access to health through access to a ride by end of 2017



Improve coordination of Federal resources with new tools by the end of 2017



Harness the power, perspective and expertise in the research community around Rides to Wellness to understand local return on investment by the end of 2017



Federal Transit
Administration
www.fta.dot.gov